COVID-19 State Teammate Reminders

COVID-19 Prevention

- Wash your Hands for at least 20 seconds
- Cover your sneeze/cough with a tissue. Throw tissue in the trash
- Avoid Touching your face
- Stay Home if you are sick

COVID-19 Symptoms

If you are ill or notice symptoms, please contact your physician or local public health department. Teammates on the state insurance plan can schedule a virtual visit at: www.myuhc.com.

- Fever
- Cough
- Shortness of breath

Questions? Please contact your Supervisor or HR Leader for more information.